

**Digital Citizenship Lesson Plan**  
**Safe Sites for Kids**

<b>General Topic (as defined in the Digital Literacy Framework)</b>	<b>DA1</b>
Digital Citizenship a) Internet safety	
<b>Applicable Grade Range</b>	
K-2	
<b>Outcome(s) to be Addressed</b>	
The student understands that he/she can go to exciting place online, but needs to follow certain rules to remain safe.	
<b>Importance / Significance of Lesson</b>	
Student safety on the internet is paramount to creating a beneficial learning environment. There are a number of basic safety rules that students must learn at an early age in order to play safe online.	
<b>Duration</b>	
2-20 minute lessons	
<b>Overview</b>	
Students will discuss general safety rules, online safety rules, what to do if they get into a situation that's not safe and will practice using the internet to find safe sites.	
<b>Required Resources</b>	
Computer hooked up to a projector Class set of laptops/access to the computer lab OR Class set of iPads/iPods	
<b>Lesson Plan and Extension Activities</b>	
Lesson 1 – safety rules  Ask the students why we need safety rules? To keep safe, protect ourselves from harm, to make sure everyone acts appropriately, etc.	

Identify one or two class rules and have students act out what it looks like to follow them, and to not follow them. Identify one or two playground rules and have students act out what it looks like to follow them and to not follow them.

Tell the students that there are also rules to stay safe on the internet. Tell them there are some really cool and exciting websites that they can use online, but there are also some that are for older people or that are generally dangerous for anyone to visit. Tell them we have to make up some rules to keep ourselves safe when we go online. Ask students for ideas of rules they should follow to stay safe online and then go over some general online safety rules (attached). Discuss each one and tell the students why it is an important rule.

Tell the students it's time to visit their first exciting website. Take the students to <http://www.coolmath-games.com/> and allow them to play games of their choosing (students can use headphones to keep it from getting too noisy in the classroom)

Lesson 2 – Oh no – what now?

Review the safety lessons from the previous lesson and make sure students are ready to safely play online. Using a projector, go back to <http://www.coolmath-games.com/> and show the students that you are going to play a game. Oh No! You chose the wrong game! Now show them that you can easily go back to where you want to be by clicking on the arrow pointing left at the top of the screen. Now you can choose the game you want. Back on the main page, click on one of the advertisements (a school appropriate one) on the right hand side and show students how it takes them to a new page. Oh No! Simply use the strategy of hitting the left arrow, or, if a new tab has come up, show them how to press the 'x' on the tab to close it again. Tell students that these are two really good strategies to use if they ever find themselves somewhere they shouldn't be online. A further strategy that can help is to close the internet altogether, or get an adult to help.

Time to visit our second exciting website! Take students to <http://pbskids.org/> Tell them they can choose a favourite character or show and play games, listen to stories or do activities related

to the show (remember they can use the back arrow to go back to the main page if they want to change their choices). (videos don't play in Canada, but all other aspects of the site should work.

Time for one more cool site? Story time: <http://www.magickeys.com/books/> Students can choose a story to read online. Stories with a speaker icon will be read out loud to them.

### **Adaptations**

Older students can add to the safety rules developed here based on their growing online activities by including age appropriate guidelines like including rules surround internet searches, social media sites, communicating with others online and providing personal information online.

### **Additional Resources**

<http://www.netsafe.org.nz/owls/>

[http://childrescuenetwork.org/wp-content/uploads/2014/02/Internet-Safety-Tips-](http://childrescuenetwork.org/wp-content/uploads/2014/02/Internet-Safety-Tips-Download1.pdf)

[Download1.pdf](#)

<http://www.safekids.com/kids-rules-for-online-safety/>

<http://www.safetynetkids.org.uk/personal-safety/staying-safe-online/>

<https://www.commonsensemedia.org/blog/internet-safety-tips-for-elementary-school-kids>

<http://www.parenting.com/blogs/mom-congress/melissa-taylor/10-best-educational-websites-kids-are-free>

### **Cross-curricular Outcomes Also Addressed**

Language Arts – developing instructions and guidelines, creating rubrics of safe site criteria

Health and Career Prep – student safety online, cyberbullying awareness and protection

~developed by Kristin Sward, 2014



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## Our online safety rules

#1 – only go online with an adult close by

#2 – don't share your name, age or where  
you live

#3 – don't share passwords with friends

#4 – if you see something that makes you  
feel bad or that you don't like, ask for help  
or back out of the site

#5 – avoid strangers online and never make  
a plan to meet them in person

#6 – always be kind online

#7 – limit your time – don't forget to play  
with friends outside, too!

Reasoning for each rule:

1 - Only go online with an adult close by– at this age students shouldn't be online without direct supervision. There are too many websites that could be confusing for students or ask them to give identifiable information in order to gain access to a site on which they want to play. Sharing information or allowing students to be online without supervision could be potentially harmful.

2 – Don't share your name, age or where you live – information like that could identify exactly who you are. Best to use a nickname or code name if you need an account and the closest you should get to identifying your location is by choosing the country you live in. Never give out your birthdate, address, phone number, email address or even city you live in without checking with a parent first.

3 – Don't share passwords with friends – If you have an account on a website, it's only for you to use. If other people have access to your site, they can change settings, play games with your character or send messages pretending to be you. The only people who should know your passwords are mom, dad and maybe your teacher if you use a website at school.

4 – If you see something that makes you feel bad or that you don't like, ask for help or back out of the site – Asking an adult is always a good strategy because they can tell if a site needs to be reported or should be blocked. If it's just a mistake, you can close the internet browser or back out of the site, but if someone or something makes you feel uncomfortable, you should show an adult to make sure you stay safe.

5 – Avoid strangers online and never make a plan to meet them in person – not everyone online is who they say they are. Some people try to trick others by pretending to be grown up, a kid or a friend. If you plan to meet a friend online, it's okay to chat with them, but if a stranger tries to talk to you, ignore them or ask a grown up for help. Never agree to meet someone that you have met online.

6 – Always be kind online – just like you would be kind and helpful in school or at home, try to be kind whenever you are online. Keep your messages nice, never threaten or say hurtful things and remember to use your manners.

7 – Limit your time, don't forget to play with friends outside, too! – too much time spent online can be bad for us. We need to remember that our bodies need exercise, we need to focus time on family and friends and there are times when it's not okay to play on the computer. Make sure to limit your time to a healthy amount.